



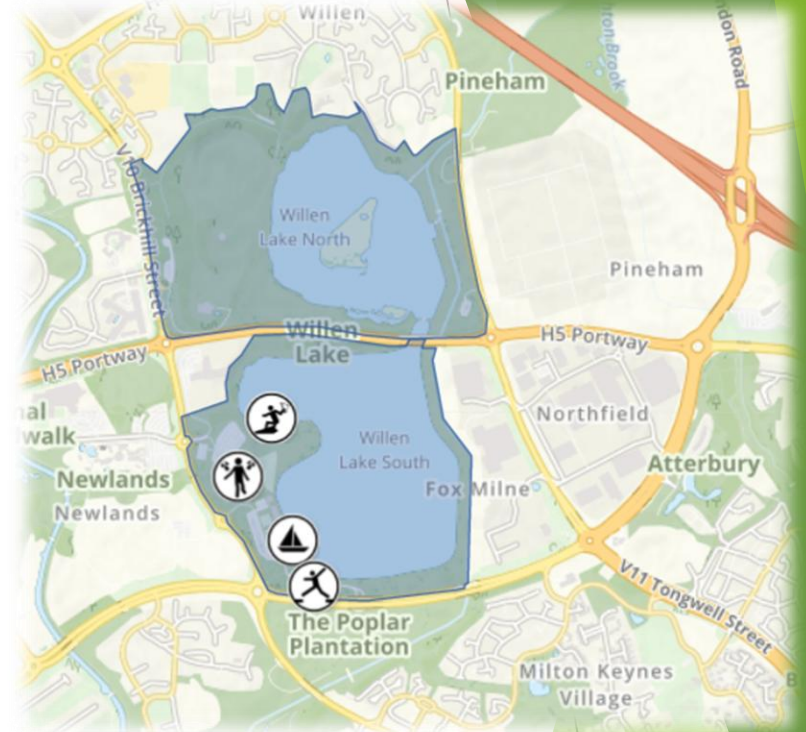
# Willen Lake Meeting

## 11<sup>th</sup> & 12<sup>th</sup> June 2026

Year 5, Stokenchurch Primary School

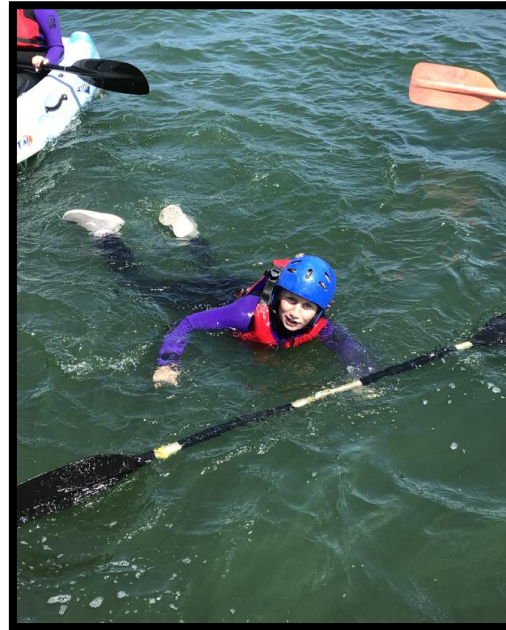
# About Willen Lake

- ▶ Owned by The Parks Trust based in Milton Keynes.
- ▶ They run activities for lots of schools and groups, but are also open to the public.
- ▶ They hold accreditations from the Adventure Activities Licensing Authority (AALA) and the Royal Yachting Association (RYA), as well as holding the quality badge from the Council for Learning Outside the Classroom.



# Itinerary

- ▶ The trip takes place over two full days.
- ▶ On each day, each child will participate in 6 different outdoor activities.
- ▶ This year, there is a mix of land-based and water-based activities.
- ▶ Each group will take part in all of the activities. There are 6 that will happen over the course of two days:
  - ▶ Treetops (high ropes)
  - ▶ Kayaking
  - ▶ Katakana
  - ▶ Giant paddleboard
  - ▶ SUP
  - ▶ Raft Building



# Safety

- ▶ Fully trained instructors who work with children
- ▶ 2-3 adults accompanying each group
- ▶ Helmets and buoyancy aids
- ▶ Demonstrations and skills on land
- ▶ Minimum of one designated First Aider from the school



# Timetable of the Days

- ▶ Arrive at school by 7:40am
- ▶ Coaches leave at 8:00am
- ▶ Arrive at the lake around 9:15am
- ▶ Activities:
  - ▶ Session 1: 10:00am - 11:30am
  - ▶ Session 2: 12:00pm - 13:30pm
  - ▶ Lunch: 13:30pm - 2:15pm
  - ▶ Session 3: 2:30pm - 4:00pm
- ▶ Get changed for the journey home 4:00pm
- ▶ Coaches leave the lake around 4:30pm - 5:00pm
- ▶ Arrive back at school around 5:30pm - 6:00pm (informed of estimated return time by Parent Mail)



# What will the children need to bring with them on the day?

- ▶ Wet clothes (including closed-toed shoes)
- ▶ Dry clothes (including closed-toed shoes)
- ▶ Two plastic bags (for separating clothes)
- ▶ Towel
- ▶ A large lunch, including snacks, in disposable containers
- ▶ Water bottle
- ▶ Sun protection that can be applied by the children if required (ideally long-acting sun protection should be applied at home) - there is very little shade at Willen Lake so please ensure your child has a **hat** and **sun cream**.
- ▶ A waterproof coat (weather dependent)
  
- ▶ PLEASE DO NOT BRING ANYTHING VALUABLE

# Medical Information

- ▶ All medicines will be taken from school with medical notes.
- ▶ Travel sickness tablets must be taken before coming to school, and a form must be completed so that we can administer it for the return journey.
- ▶ Calpol and Piriton may be given by the First Aider. In the unlikely event that your child should need these we recommend the form is completed. We can not give this medicine if forms are not completed.
- ▶ SUNCREAM should be provided by parents if required and can be applied by the child if necessary. If possible apply a long-lasting cream in the morning, even if the weather looks cloudy. Remind your child of allergies and not to share.
- ▶ Please ensure that your child's medical form is complete with all relevant information, including any allergies. All children will be required to return a medical form, even if there are no additional needs or medications.

Any questions?