

Keeping My Hands to Myself

My name is _____ and
I am _____ years old. I go to _____
_____ School.



Sometimes I touch my friends and
teachers.

They might not like this.

This might make them sad.



I am learning how to keep my hands to myself.

This means not touching other people.

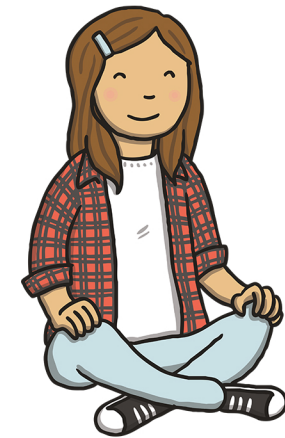
I will try to keep my hands to myself.

I can put my hands on my knees.

or

I can cross my arms.

or



I can use a fidget toy or hold something soft.

This will make my friends
and teachers happy.

