DISHES AND THEIR ALLERGEN CONTENT (including May Contain) - Millbrook Combined School - Updated Oct 2023

DISHES	CONTAINS NONE 0F THE 14 ALLERGEN							Milk		MUSTARD			SIEAM		Boor WINE
		Celery	Cereals containing gluten	Crustacea ns	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Baked Beans	1														
Battered Chicken Fillet		1	1												
BBQ Chicken										✓					
Beef Lasagne			1					✓		1					
Blueberry Muffin			✓		✓			✓							
Bread Rolls White/Brown			1												
Breaded Fish			1			1									
Broccoli	1														
Carrots	1														
Carrots & Swede	1														
Cauliflower and Broccoli	1														
Cheese								✓							
Cheesy Pasta			1					1		1					

DISHES	CONTAINS NONE 0F THE 14 ALLERGEN					D°.	Lupin Flour	Milk		MUSTARD			STEAM		Beer
		Celery	Cereals containing gluten	Crustacea ns	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken Sausage			✓												1
Chicken Curry								✓							
Chinese Noodles			1		1										
Chocolate Eclair			1		√			✓						1	
Chocolate Ice- cream								✓							
Chocolate Muffins			1		1			✓						1	
Coleslaw					✓										
Corn on Cob	✓														
Curly Fries	✓														
Custard								✓							
Fish Cakes			1			1		✓		1					
Fish Fingers			1			1									
Fresh Watermelon	✓														
Fruit Cocktail Salad	✓														
Garlic Bread			1												
Gingerbread Man			1												
Gravy Vegan	1														
Jacket Potato	✓														

DISHES	CONTAINS NONE 0F THE 14 ALLERGEN						Lupin Flour	Milk		MUSTARD			MSAMM OIL		Beer
		Celery	Cereals containing gluten	Crustacea ns	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Jacket Wedges	✓														
Jam Doughnuts			1											✓	
Jelly Orange	✓														
Jelly Raspberry	✓														
Jelly Strawberry	✓														
Macaroni Cheese			1					1		1					
Margarita Pizza			1					1							
Mashed Potato								1							1
Medley Vegetables	✓														
Mixed Yoghurts								✓							
Mexican Rice	✓														
Naan Bread			✓					✓							
New Potatoes	✓														
Oreo Biscuit			1											1	
Oven Chips	✓														
Peas	✓														
Penne Pasta			1												

DISHES	CONTAINS NONE 0F THE 14 ALLERGEN			The state of the s		D°.	.upin Flour	Milk		MUSTARD			STEAM		Boer
		Celery	Cereals containing gluten	Crustacea ns	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Pitta Bread			✓												
Pork Sausages			✓												✓
Quorn Burger			1		1			✓							
Quorn Chilli Con Carne			✓		1										
Quorn Nuggets			✓												
Quorn Roast					✓			1							
Quorn Sausage			✓		✓			1							
Rice	✓														
Roast Beef	✓														
Roast Chicken	1														
Roast Pork	1														
Roast Potatoes	1														
Roast Turkey	1														
Shepherd Less Pie															1
Soreen Bar			1												
Southern Fried Quorn			1		✓			1							

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		Celery	Cereals containing gluten	Crustacea ns	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Spaghetti Hoops			✓												
Sticky Toffee Pudding			1		1			1						1	1
Strawberry Ice- Cream								✓							
Sweet and Sour Chicken		1													
Tomato and Cheese Pasta			1					✓							
Tortillas	1														
Tuna and Sweetcorn Pasta			1			1		✓		1					
Tuna Mayo					1	1									
Vanilla Ice-cream						1									
Vegan Fishless Fingers			1												
Vegetable Meatballs														✓	
Vegetable Nuggets			1												
Vegetables Medley	1														
Waffles Sweet			1		1			✓						✓	
Wedges Potato	✓														
Wraps			1												
Yorkshire Puddings			1		1			✓							