DISHES AND THEIR ALLERGEN CONTENT $\boldsymbol{\checkmark}$ - Millbrook Combined School - Updated March 2024

| DISHES | CONTAINS NONE OF THE 14 ALLERGEN |  |  | $\begin{aligned} & \text { cu } \\ & \text { sing } \\ & \text { chan } \\ & \text { cos } \end{aligned}$ | $\sqrt[n]{\infty}$ | $\underbrace{\text { n/IIII }}$ |  |  |  |  |  |  |  |  |  |
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|  |  | Celery | Cereals containing gluten | Crustacea ns | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Baked Beans | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| BBQ Chicken |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |
| Beef Bolognese |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Beef Chilli | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Beef Cottage Pie |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Blueberry Muffin |  |  | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Bread Rolls White/Brown |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Breaded Fish |  |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |
| Breaded Chicken Goujons |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Broccoli | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Burger Bun |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Carrots | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cauliflower \& Broccoli Cheese |  |  | $\checkmark$ |  |  |  |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  |
| Cheese |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Cheese \& Tuna Pasta Bake |  |  | $\checkmark$ |  |  | $\checkmark$ |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  |


| DISHES | CONTAINS <br> NONE OF THE 14 ALLERGEN |  |  |  |  | Sillil |  |  |  |  |  |  |  |  |  |
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|  |  | Celery | Cereals containing gluten | Crustacea ns | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Cheese and Onion Pasties |  |  | $\sqrt{0}$ |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Chicken Burger |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Chicken Sausage |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |
| Chicken Tikka Curry |  |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Chinese Noodles |  |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |
| Chocolate Icecream |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Chocolate Muffins |  |  | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  | $\checkmark$ |  |
| Choc/Chip Muffin |  |  | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  | $\checkmark$ |  |
| Coleslaw |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |
| Cream |  |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  | $\checkmark$ |  |
| Curly Fries | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Diced Herby Potatoes |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Fish Cakes |  |  | / |  |  | $\checkmark$ |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  |
| Fish Fingers |  |  | / |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |
| Garlic Bread |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Gingerbread Man |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Gravy Vegan | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Green Beans |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |



| DISHES | CONTAINS NONE OF THE 14 ALLERGEN |  |  |  |  | 组 |  |  |  |  |  |  |  |  |  |
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|  |  | Celery | Cereals containing gluten | Crustacea ns | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Pineapple | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Pork Hotdog | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Pork Sausages |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |
| Pork Meatballs |  |  | $\checkmark$ |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |
| Quorn Burger |  |  | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Quorn Sausage |  |  | $\checkmark$ |  | $\checkmark$ |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Rice | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Ring Doughnut |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  | $\checkmark$ |  |
| Roast Chicken | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Roast Pork | / |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Roast Potatoes | $\downarrow$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Roast Turkey | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Soreen Bar |  |  | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Spaghetti Hoops |  |  | $\checkmark$ | - |  |  |  |  |  |  |  |  |  |  |  |
| Strawberry \& Vanilla Mousse |  |  |  | - |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Strawberry Mousse |  |  |  |  |  |  |  | $\checkmark$ |  |  |  |  |  |  |  |
| Sweetcorn | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Tomato, Basil \& Cheese Pasta |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |


| DISHES | CONTAINS NONE OF THE 14 ALLERGEN |  |  |  |  | 元 |  |  |  |  |  |  |  |  |  |
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|  |  | Celery | Cereals containing gluten | Crustacea ns | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Tuna Mayo |  |  |  |  | $\checkmark$ | $\checkmark$ |  |  |  |  |  |  |  |  |  |
| Vanilla Ice-cream |  |  |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Vegetable Burger |  |  | $\sqrt{ }$ |  | $\sqrt{ }$ |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Vegetable Dhal | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegetable Nuggets |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegetable Samosa |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegetable Slices |  | $\sqrt{ }$ |  |  |  |  |  | $\sqrt{ }$ |  |  |  |  |  |  |  |
| Vegetables Medley | $\sqrt{ }$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

